

Manzanita Elementary

Outside Community Services

At times, the needs of our children may be beyond the scope and practice of a school counselor within the realm of the school system. When necessary, we utilize outside professionals to bridge the gap and continue support with our students. While these referrals are not required to be followed and are outside of the realm of the school system, we do provide these suggestions in good faith.

Please note: CFSD neither endorses nor recommends the organizations or activities on this list. The distribution of this material is provided as a community service.



Behavioral and Mental Health Services:

Affinity Counseling Center (520) 275-1168

Casa de los Ninos (520) 624-5600

Cathexis (520) 329 – 1250

Centpatco Integrated Care (866) 495-6738

CODAC Mental & Behavioral Health (520) 327- 4505

Community Partnership Care Coordination (CPCC) (520) 901-4800;

<https://www.communitypartnersinc.org/>

COPE Community Services (520) 792- 3293

Easter Seals Blake Foundation (520) 327-1529

Intermountain Health Center (520) 623- 9833

Intuition Wellness Center (520) 333-3320

Jewish Family & Children Services (JFCS) (520) 795-0300; <https://jftucson.org>

La Frontera (520) 884-9920

NAMI Southern Arizona Mental Health Corporation (SAMHC) (520) 617- 0043

New Leaf Integrative Wellness Center (520) 261-1003

Pathways of Arizona (520) 748-7108

SoulSpace (520) 214-8650; soulspacetucson.com

SummerSmith Inc (520) 529-1565

Sunlight Center for Change (520) 344-0056; sunlightdesk@gmail.com

Wellbeing Institute (520) 225-0584

Divorce Recovery of Tucson (520) 495-0704

Crisis Related Services:

Community Wide Crisis Line (520) 622-6000

SAMHC Walk-in Crisis Response Center (520) 301-2400

Sonora Behavioral Health Hospital (520) 829-0575

Crisis Response Center [520-301-2284](tel:520-301-2284)

Equine/Animal Integrated Therapies:

Steady Strides Riding Center (520) 415-5800

TRAK Therapeutic Ranch for Animals and Kids (520) 298-9808

TROT Therapeutic Riding of Tucson (520) 794-2360

Grief Resources:

The Grief & Wellness Group (520) 668-5906
Tu Nidito (520) 322-9155; www.tunidito.org

Kinship Resources:

KARE:

220 E Speedway Blvd, Tucson, AZ 85705

(520) 323-4476, <https://www.staging.casey.org/who-we-are/locations/kare/>

More than a bed:

3637 N 1st Ave, Tucson, AZ 85719

(520) 428-5280, <https://morethanabed.org/>

Spreading Threads:

520-971-3237

<https://www.spreadingthreads.com/>

Care4thecaregiver:

<https://care4thecaregivers.org/>

*You can use the website www.psychologytoday.com to find specific therapists and private practice counselors, social workers, psychologists, or psychiatrists.

*Additional resources can also be found at: www.211arizona.org or dial 211

A release of information (ROI) form will need to be completed if you wish for the school to be able to discuss any concerns or receive communication from outside services. This can quickly be completed and faxed to your child's school if needed. Please feel free to contact us if you have anything you wish to discuss, or any concerns you may be having.

List compiled by: Katharine Heyser & Shea Flores

